

Multi section binding.

An introduction to a non adhesive simple binding with a linked stitch.

Make 6 sections with between 3-5 folds in each section, in the way as with the pamphlet book.

Make a piercing guide out of a narrow fold of card with an **even** number of holes, leaving about 1/2" space top and bottom.

Pierce each section using the template, held in the fold in centre of the section. Make sure the holes go all the way through the pages. Complete each section making sure the sections are arranged the same order, sometimes a light pencil mark on the outside of the folds is a useful aid to keeping them in sequence.

Thread the needle with about one yard of linen thread, much longer can add to problems with snagging and knotting. Gently running the thread through a beeswax block will make for easier sewing, but it's not essential.

Take the first section and sew through the top hole from the outside then from the next inside hole outwards and so on until the last hole, the thread will be on the outside of the section. Hold the next section to the sewn one and start sewing upwards from the bottom, but crossing the thread in the long loop in the centre, on the outside, of the first section, between the 2nd and 3rd holes, carrying on until you reach the top hole. Carefully tighten up the thread and then double knot the original end with the sewing thread as close as possible to the spine edge.

Continue with the third section, remembering to link the thread to the previous section. At the end of the section, a new stitch is needed, the kettle stitch. The needle is passed between the previous two sections at the edge, and the needle brought up just above the last stitch, and then the needle is passed through the loop that is formed and gently tightened. This stitch is done at the top or bottom of alternate sections, it helps to link the sections together stopping too much vertical movement of the individual sections.

Carry on sewing this way until all the sections are used, and then go back along the the kettle stitch securing occasionally, finish with a good knot, and cut the thread leaving about 1" thread.

